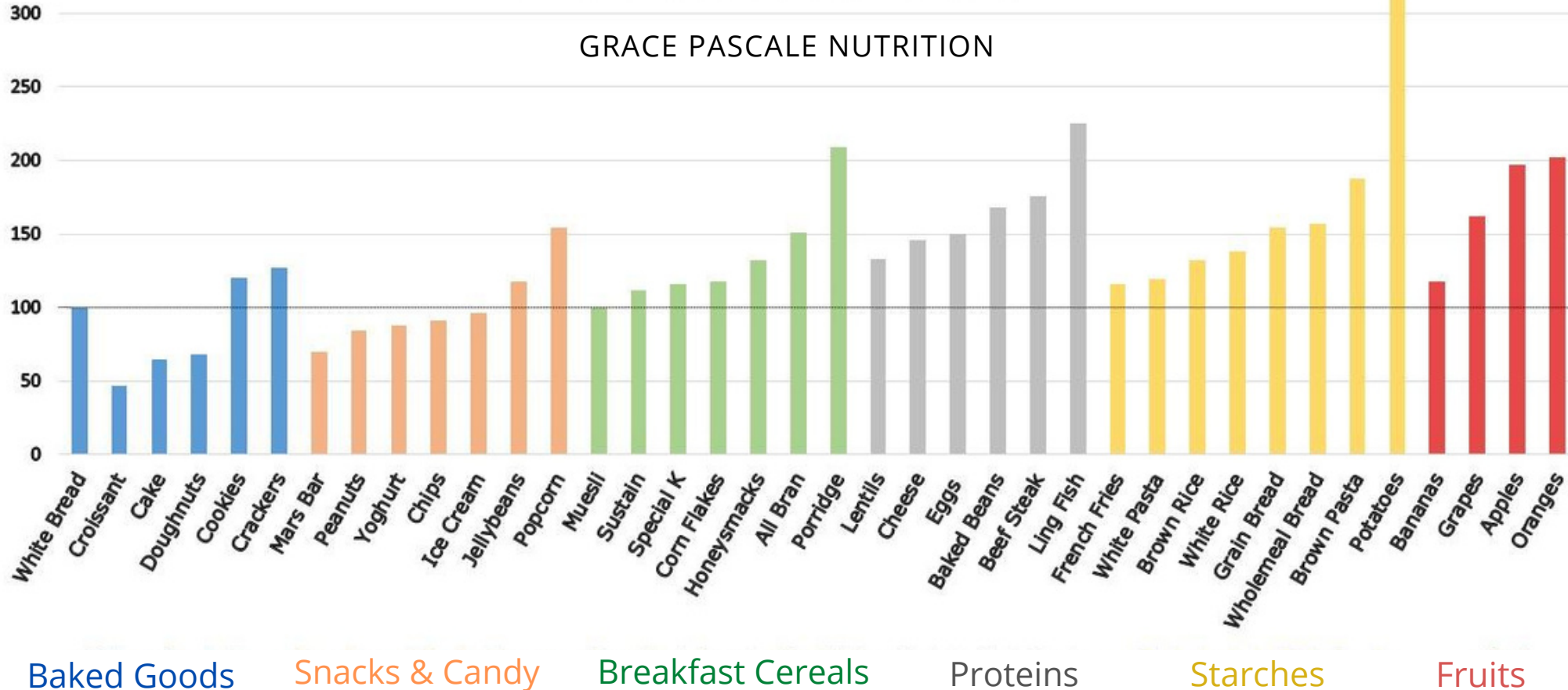


# Satiety Index of Common Foods

GRACE PASCALE NUTRITION



## Reference

Holt SH, Miller JC, Petocz P, Farmakalidis E. A satiety index of common foods. Eur J Clin Nutr. 1995 Sep;49(9):675-90. PMID: 7498104.

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